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Shabbat P. Vayishlach,

Sat. 1 - 2 Dec. 2017 - 14th of Kislev, 5778 -

שבת פ' וישלח

יד כסלו תשע"ח

Issue Number 822

Baal Koreh	Rabbi Asher Sebbag	(Page-170).
Mufteer & Haftarah	Mr Adel Darwish	(Page -1141).

Monday Arbit Recite Barech Alenu

יום שני מתפילת ערבית, ברך עלינו.

Mincha, Shir Hashirim, Kabalat Shabbat & Arbit.	15:20
Shabbat Candles.	15:39
Shabbat Shahrit - Followed by Kiddush. (Shema 9:11).	08:30
Mincha Shabbat Followed by Seuda Shlishit. * (Sunset - 15:53).	15:10
Daf Hayomi with Rabbi Asher Sebbag Shlit"a.	*
Arbit Motzei Shabbat followed by Havdalah.	16:51
Shahrit Weekday - (Mon. & Thu. - 06:40) (Sunday & B/H - 07:30).	06:45
Mincha & Arbit	15:30
Daf Hayomi with Rabbi Asher Sebbag Shlit"a.	16:10
Next Shabbat: Mincha, Shir Hashirim, Kabalat Shabbat & Arbit.	15:20
Next Shabbat: Candles. P. Vayeishev.	15:36

Vayishlach (Genesis 32:4-36:43)

Vayishlach 5778

GOOD MORNING! What is success in life? Many equate success in life with financial success. However, we all know that there is more to life than having a lot of money. (By the way, in Pirke Avot, Ethics of the Fathers [4:1], it asks, "Who is the wealthy person?" and answers, "He who is happy with his portion."). Would you be interested if there was a book that could help you find success in life?

There is a fascinating book, [Lifelines -- Techniques for Nurturing Personal Growth](#) by Avi

Shulman that sets forth a plan for success in life. The following ideas are drawn from Chapter 6, *Defining Success*.

First, we need to identify what success means to us, then identify the major areas of our life and finally create a plan to progress in these areas.

Success is defined as 'the progressive realization of a personal predetermined worthwhile goal.' Life is a journey, not a destination. If one can treasure each moment, he has a lifetime of joy and accomplishment towards his goal. People identify five major areas in

their life: 1) Physical well being 2) Family 3) Spiritual/Mental 4) Personal Finances 5) Vocational.

Each area should have a goal and a plan to reach it. Without a goal, one doesn't know where to go. Without a plan one doesn't know how to go. (It is amazing the amount of effort a human being will put in to avoid thinking, setting goals and planning).

Life is like a wheel and each major area is like a spoke. There needs to be balance in the wheel. It is true and proverbial that "one never wishes on his death bed that he spent more time at the office." On the other hand, a person may realize that his greatest joy is his family and not know how to enjoy time with his kids. It takes wisdom to balance the time and wisdom to enjoy each major area.

I know a fundraiser for a major Jewish organization. People often ask him, "Were you successful today?" He invariably answers, "I am always successful ... and sometimes I also raise money." Success is a matter of attitude and appreciation for what you have and for your efforts. Every day you look at the grass from the top down, you are a success! Ultimately, however, whether one succeeds is out of his hands. There is a Yiddish saying that "man plans and God laughs." We make our efforts and the Almighty

gives gifts. If we appreciate that our accomplishments are gifts, then it instills within us a sense of humility and gratitude to the Almighty. It gives us perspective.

There are three rules for success: 1) Initiative -- you have to try 2) Perseverance -- you have to keep trying 3) The Almighty blesses your effort with the kiss of success. Wayne Gretzky, the hockey player once said, "I missed 100% of the shots I never took!"

There is a sure way to achieve greatness in life -- to do a nightly *cheshbon hanefesh*, an accounting of what you want out of life and if you're reaching your goals. (If you don't have goals, for sure you won't reach them.) Ask yourself four questions: 1) What am I living for? 2) What did I do today to reach my goal? 3) What did I do contrary to my goal that I need to correct? 4) What can I live for that is more important/meaningful than my present goal? Do this and you'll be a success!



TORAH PORTION OF THE WEEK

Vayishlach, Genesis 32:4 - 36:43

On the trip back to Canaan, Jacob meets his brother Esau; Jacob wrestles with the angel. Then they arrive in Shechem; Shechem, the son of Chamor the Hivite, (heir to the town of Shechem) rapes Jacob's

daughter, Dina; Dina's brothers, Shimon and Levy, massacre the men of Shechem; Rebecca (Rivka) dies; God gives Jacob an additional name, "Israel," and reaffirms the blessing to Avraham that the land of Canaan (Israel) will be given to his descendants; Rachel dies after giving birth to Benjamin (Binyomin); Jacob's 12 sons are listed; Isaac dies; Esau's lineage is recorded as is that of Seir the Horite; and lastly ... the succession of the Kings of Edom is chronicled.

* * *

Dvar Torah

based on Growth Through Torah by Rabbi Zelig Pliskin

Before Jacob's confrontation with his brother, Esau, he made preparations to ensure the safety of his family and his possessions. Following this, the Torah relates:

"And Jacob remained alone..." (Genesis 32:25).

How are we to understand the significance of his remaining "alone"?

The Midrash (Beraishis Rabbah 77:1) states that 'just as the Almighty is alone, so too Jacob was alone'. We see from this that the Sages understand that the word "alone" is a positive attribute and a form of emulating the Almighty. "Alone" means that you have an independent attitude and perspective.

The Mishna (a teaching) in Pirke Avot 4:1 (Chapters of the Fathers --a compilation of Jewish wisdom) defines four key terms: "Who is the wise man? The one who learns from everyone. Who is the strong person? The one who conquers his negative impulses. Who is the wealthy person? The one who is happy with his portion. Who is the honorable person? The one who honors others."

Rabbi Yeruchem Levovitz, of blessed memory, explained the Mishna in light of the positive attribute of being alone -- that every person can only obtain the most important things in life independently of anyone else. The important things depend on your attitude and perspective.

Wisdom is an approach to life, not a comparative contest. The wise man is the individual who does not compare his wisdom to that of others, but because of his love for wisdom he chooses to learn from everyone, for each person has wisdom to share. True strength is having the ability to overcome your negative tendencies and impulses. If it were dependent upon being victorious over others, as soon as someone else is stronger, you are no longer the strong man. True strength is only dependent upon yourself. Wealth is not dependent on how much money you have or the number of your possessions. If it were, then you could lose your entire

wealth overnight. Rather, true wealth is feeling joy for what you do have. If honor were dependent on how others treat you, what are you supposed to do if others decide not to honor you? Woe to a person whose honor is dependent on the whim of

others. True honor is up to you. You are honorable if you honor others regardless of how others treat you.



Shabbat Shalom,

Kalman
Rabbi Kalman
Packouz

Mazal tov to: our Rabbi & Rebbetzin Sebbag on the new granddaughter, the daughter of Eli & Rochi.

Hot Kiddush: sponsored by Yakdhan and Faridah Cohen & Frances and Bruce Hayim. on the occasion of Eli's Shabbat Hatan, all are welcome.

Seuda Shelishi: sponsored by Dr Kelly Saltoun ד"ר קלי סלטון, in memory of his anti **Saltouna** bat Lulu ע"ה לולו.

New Member: we welcome the new members, Orly and David Shalom.

On the 16/12/2017 Saturday night: our President Mr Ghassan Cohen will be lighting a Hanukkah light in Golders Green Station, the Giant Menorah come and enjoy a Doughnut.

Security Alert: Please be very vigilant when you leave the Synagogue. Do not stand in groups and chat, go home without gathering on the main road. Be safe and alert.

THE KEHILLA WISHES חיים ארוכים "LONG LIFE"
TO THE FOLLOWING WHO HAVE YAHRZEIT

03 Kislev Mr Solly Yona	19 Kislev Mr Adel Darwish
04 Kislev Mrs Hannah Cohen	20 Kislev Mr Moses Jacob
04 Kislev Mr Stephen Mark Cohen	20 Kislev Mr Isaac Cohen
06 Kislev Mr Tony Silver	25 Kislev Mr Moses Jacob
12 Kislev Mr Benny Benaiah	27 Kislev Miss Nancy Dwek
14 Kislev Dr Maurice Gubbay	28 Kislev Mr Azouri Attar
14 Kislev Mr Nadhim Mouallim	28 Kislev Mr Mayer Attar
17 Kislev Mrs Helen Georgy	

“ Quote of the Week ”

Success is not the key to happiness.
Happiness is the key to success.
If you love what you are doing,
you will be successful